



# Press Release



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**For Immediate Release**

**November 2, 2023**

## **First “Harvest Day Celebration” in Wichita Falls**

Wichita Falls, Texas- The Wichita Falls-Wichita County Public Health District is excited to announce its first “Harvest Day Celebration” on Monday, November 6, 2023, at the demonstration garden across from All Hands Cultural Community Center at 302 Tulsa Street.

The event, hosted by the Health District, All Hands, and Abilene Recovery Council, will provide free organic produce to the public from 11:30 a.m. until the food is gone.

The produce available, grown using no chemicals, will include basil, turnips, mustard greens, bok choy, pak choy, spinach, chard, beets, oregano, sage, rosemary, and mint.

Health Equity Program Manager Alexandra Orellana Henríquez said, “With Thanksgiving coming, this is a great opportunity to get fresh produce at no cost, and it’s grown organically.”

All the produce has been planted, grown, and harvested by volunteers from the Health District, All Hands, and community volunteers.

These vegetables are also used in the free cooking classes offered by the Health District, to help show the public the value of cooking with fresh foods and their health benefits.

For more information about this and other services offered by Health Equity, contact Alexandra Orellana Henríquez at 940-761-7918.

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