

Quarantine Guidelines Wichita Falls/Wichita County Public Health District

Non Household Contact:

- Quarantine is 5 days from last date of contact with the positive case for those:
 - Who are unvaccinated
 - Who are more than 6 months out from their second mRNA dose, or more than 2 months out from their J&J dose and NOT yet boosted
- After the 5 days, if no symptoms develop, quarantine is done; mask wearing for an additional 5 days is highly recommended
- Testing is highly recommended at day 5 after exposure

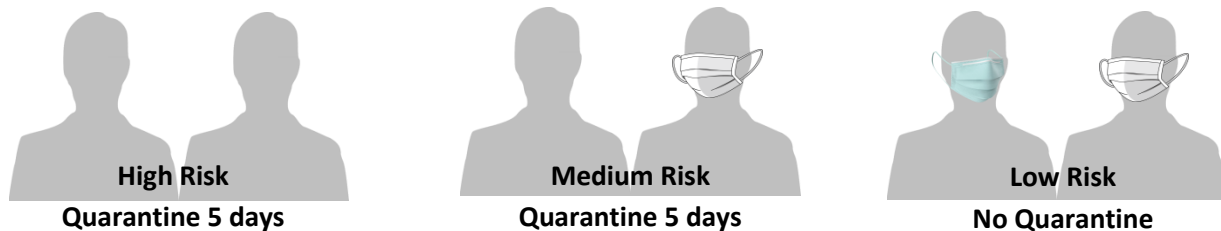
Those who were previously diagnosed with COVID-19 in the last 90 days are not required to quarantine unless the person becomes symptomatic

Those who have received a second mRNA dose within the last 6 months or J&J within the last 2 do NOT have to quarantine unless symptoms develop.

Those who have received a booster dose do NOT have to quarantine unless symptoms develop.

An infected person is contagious two days prior to symptom onset

How we determine risk of infection:



What you can do to keep yourself and others healthy:

Maintain a safe distance from others – we recommend 6 ft.

Wash your hands often for at least 20 seconds.

Wear a face covering when you are around those who do not live in your home.

Stay at home when you are sick.

Our Vision: Healthy People, Healthy Community

Our Mission: Preventing Illness and Injury, Promoting a Healthy and Safe Community, Protecting all Members of our Community

